

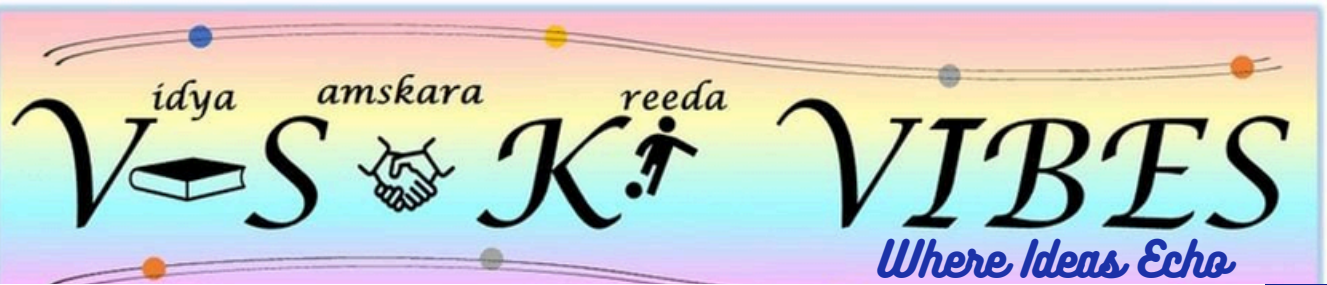


# Dr. V.S. KRISHNA GOVT. DEGREE COLLEGE

(An Autonomous Institution Affiliated to Andhra University)

Reaccredited by NAAC with 'A' Grade(4th Cycle)

District Resource Centre & Center for Research Studies  
Maddilapalem, VISAKHAPATNAM 530 013, Andhra Pradesh



## From the Principal's Desk

Dear Students, Faculty, and Well-wishers,

Warm greetings to all as we step into an exciting new academic year!

Dr. V.S. Krishna Government Degree & PG College (A), Visakhapatnam takes immense pride in its active and well-planned participation in Yogandhra 2025, the historic International Yoga Day celebration held on 21st June at RK Beach in the esteemed presence of PM Shri Narendra Modi. The college reopened earlier than its original schedule, on 16th June, to ensure active student participation and thorough preparation. Thanks to the visionary leadership and spirited involvement of faculty and students, our presence was both vibrant and disciplined. With over 5 lakh participants, Yogandhra was a moment of unity, wellness, and national pride.

As for Degree Admissions for the academic year 2025–26, the final schedule will be announced soon. We await further clarity on the mode of admissions—online or offline—as well as the implementation of the Single Major or Dual Major system under the NEP framework. We look forward to an enriching academic year filled with new opportunities, growth, and milestones. Let us continue to strive for excellence in all spheres and carry forward the legacy of our esteemed institution. With best wishes,

Dr. I. Vijaya Babu  
Principal

## • A Living Ocean of Yoga: Vizag Makes History with Yogandhra

Visakhapatnam, 21st June 2025 — A breathtaking sight unfolded along the picturesque RK Beach as more than five lakh yoga enthusiasts converged to mark Yogandhra, the grand International Yoga Day celebration. With the Hon'ble Prime Minister Shri Narendra Modi himself leading the session amidst the rhythmic waves, Vizag transformed into a living ocean of yoga, radiating serenity, strength, and unity. Dr. V.S. Krishna Government Degree & PG College (A), Visakhapatnam, emerged as a proud and proactive participant in this monumental event. Demonstrating exceptional initiative, the college advanced its reopening to 16th June, ensuring its students and staff were well-prepared to take part in this historic occasion. Their spirited and disciplined presence added significant value to the visual harmony and collective energy of the gathering.

The flawless coordination, mass participation, and meditative ambiance have sparked worldwide admiration. Yogandhra is now being considered for inclusion in the Guinness Book of World Records — a fitting recognition of an event that celebrated wellness and unity on a scale never seen before.



## Faculty Lead Yoga Drive with Principal's Visionary Support

At Dr. V.S. Krishna Government Degree College (A), Visakhapatnam, three key faculty members took charge of the Yogandhara initiative with commendable leadership:

- Dr. G.V. Pratap and Dr. M. Srinivasa Prasad as Programme Coordinators
- Dr. R. Kusuma Kumari, H.O.D. of Telugu and Certified Yoga Instructor

They played pivotal roles in preparing daily yoga schedules, training student volunteers, coordinating with district officials, and compiling student lists for the grand finale.

Their efforts were strategically guided by the Principal, Dr. I. Vijaya Babu, whose visionary leadership and constant encouragement ensured the college's outstanding contribution to the district-level coordination and the success of the grand yoga celebration.



## Building Daily Discipline: Month-long Yoga Training



### Tech-Driven Participation: 1,500 Students Register via QR Code

Dr. V.S. Krishna GDC achieved a milestone with 1,500 students registering digitally for the Yogandhara programme through a QR Code system. This tech-savvy step showcased the students' commitment and the staff's dedication—especially the class counsellors' motivation. Under the visionary leadership of Principal Dr. I. Vijaya Babu, the college made a remarkable contribution to the Guinness World Record attempt.

From May 21 to June 20, 2025, Dr. V.S. Krishna GDC hosted daily yoga training sessions for students, staff, and volunteers under the guidance of Dr. R. Kusuma Kumari. The curriculum included:

- Yogic Warm-ups (Sukshma Vyayam)
- Basic to Intermediate Asanas (Tadasana, Vrikshasana, Surya Namaskar, etc.)
- Breathing Techniques (Pranayama) and Mindfulness
- Yoga Philosophy and Lifestyle Practices

This holistic training enriched participants' physical health and mental well-being.

## Across Campuses: 12 Student –Support Coordinators Take Charge



On June 9, 2025, 12 student-support coordinators from the college were appointed by the Commissionerate of Collegiate Education and Andhra University to oversee yoga event logistics in six other colleges each. Their tasks included:

- Organizing transportation and timings
- Coordinating registration, logistics, and volunteer tasks

In addition, 50 NSS volunteers from the college handled key responsibilities like material management, first aid, hydration, ID verification, and stage coordination.

## Overnight Stay Arrangements for Participants



On June 20, 2025, to facilitate early movement to RK Beach, students and staff stayed overnight at college premises and hostels. Key arrangements included:

- Hygiene kits, yoga gear, bedding
- Dry food, medical aid, water supply
- Safety and discipline monitoring

NCC Officer Mr. M. Balkrishna ensured orderly conduct throughout the night. Over 200 students were accommodated and briefed for the next morning's mega event.

## Smooth Rides, Seamless Coordination: Liaison Officers in Action



To streamline logistics for the Yogandhara Grand Finale, 20 Liaison Officers from Dr. V.S. Krishna Government Degree College (A) took charge of key transport and safety duties. Their responsibilities included:

- Supervising participant buses
- Ensuring safe and timely arrival at RK Beach by 4:00 AM on June 21
- Overseeing return journeys and maintaining order throughout

To support the large-scale movement, 8 APSRTC buses were specially arranged from the college campus, ensuring comfortable and coordinated transportation for all participants.

Thanks to the Liaison Officers' meticulous planning and execution, over 450 students and staff reached the venue safely and participated smoothly in the historic event.

## Yoga in Motion: Beachside Bliss at Bheemunipatnam



On the morning of June 21st, students and staff of Dr. V.S. Krishna GDC departed by buses at 4:15 AM, reaching RK Beach - Bheemunipatnam stretch with high spirits. Participants performed asanas in unison with thousands of others, surrounded by the serene backdrop of the sea.

Post-yoga, refreshments including fruits and energy drinks were distributed. Group photos captured the enthusiasm and unity of the moment, making it a truly rejuvenating and memorable morning.

# A Historic Sunrise: Yoga Day Grand Finale at RK Beach



On June 21, 2025, the Yogandhara Grand Finale at RK Beach witnessed a monumental gathering as over 5 lakh participants, including students from Dr. V.S. Krishna GDC, joined the International Yoga Day celebrations in the presence of Hon'ble PM Shri Narendra Modi. Highlights included:

- Inspirational addresses by PM Modi and CM Sri Nara Chandrababu Naidu
- Guinness validation through drone footage and biometric attendance
- Cultural displays showcasing India's yogic heritage

The beach turned into a living ocean of yoga, radiating unity and spiritual discipline.

## VSK Students Shine in APPGCET; Faculty Encouragement Adds Spark



Srishti Priya



Vennela Lakshmi



S. Jagadeesh

Students of Dr. V.S. Krishna Government Degree & PG College (A), Visakhapatnam have brought pride to the institution by securing impressive ranks in the AP PG CET 2025.

- **Srishti Priya from Commerce - 7<sup>th</sup> Rank**
- **Vennela Lakshmi from Economics - 7<sup>th</sup> Rank**
- **S. Jagadeesh from Computer Science - 16<sup>th</sup> rank in English,**

The Principal, Dr. I. Vijaya Babu, along with faculty members, congratulated the achievers and appreciated their consistent efforts and academic commitment.

In a heartening gesture, Sri GVSV Prasad Babu, Lecturer in Commerce, announced a ₹2,000 cash award each for the top APPGCET rankers in four major streams—Arts, Commerce, Science, and Languages. His generous initiative is not only commendable but also serves as a strong motivator for aspiring students to aim higher and excel.

This combination of academic achievement and faculty encouragement reinforces the college's commitment to excellence and student success.

## Green Call to Action: Haritha Krishna Eco Club Marks World Environment Day

The Haritha Krishna Eco Club of the Department of Botany commemorated World Environment Day on 5th June 2025 with an inspiring programme aimed at fostering environmental awareness. Vice Principal Dr. B. Jaya addressed the gathering, emphasizing the urgent need to reduce plastic use and adopt sustainable practices. The event witnessed the enthusiastic presence of faculty members including Dr. Swami Naidu, Dr. Padmavathi, Dr. Pushpalatha, Dr. Padma, as well as Sambamurthy and Balkrishna. The programme resonated with a strong message: "Save Nature—Save Earth."



## Academic Laurels: Chemistry Faculty Members Awarded Ph.D. Degrees



Adding to the academic distinction of the college, Dr. Prasanna and Dr. K. Nageswara Rao, lecturers from the Department of Chemistry, were awarded their Ph.D. degrees this month. Their achievement marks a significant milestone for the department and reflects the institution's commitment to research excellence. Principal Dr. I. Vijaya Babu, along with faculty members, congratulated the scholars and felicitated them in a special gathering. The occasion was a proud moment for the college, celebrating dedication, perseverance, and scholarly accomplishment.

## United Against Drugs: College Observes International Day Against Drug Abuse



The NCC, NSS Units, Unnat Bharat Abhiyaan, and Red Ribbon Club of the college jointly observed the International Day Against Drug Abuse and Illicit Trafficking on 26th June with a strong resolve to raise awareness among youth. Dr. I. Vijaya Babu delivered a thought-provoking address, highlighting the harmful effects of drug abuse on health, society, and the future of the nation. He urged students to stay vigilant and choose healthy, purposeful living. Dr. B. Jaya, Dr. S.V. Rama Rao, Dr. B. Laxmi, Dr. P. Uma Maheswara Rao, Dr. G. Vijay Pratap, T. Ramakrishna, Dr. T. Laxmana Rao, Dr. M. Srinivasa Rao, B. Raja Rao, Dr. Nageswara Rao Sai Krishna, Balkrishna, and students actively participated in the event, reinforcing the college's commitment to a drug-free campus.